

VIVA SERENITY TEAM



Name: Dr. Honest Herman Massawe, MD, MMED

Title: Medical Advisor, Viva in Tanzania

Spine fellow

Orthopaedics and traumatologist surgeon

Lecturer at KCMUCO, Department of Orthopaedics and traumatology

Kilimanjaro Christian Medical Centre

He is a trained Orthopaedic Surgeon trained in Moshi, Tanzania. He did fellowship in spine Neurosurgery training in France, Netherlands and Switzerland. Lecturer at Kilimanjaro Christian Medical University College.

He is the owner and Director of Careplus Health Centre and Gymus Specialist Polyclinic in Moshi, Tanzania.



Name : Dr. Nancy Matillya

Title: Medical Advisor, Viva in Tanzania

She is a family Physician based in Dar es Salaam, Tanzania. Serving mainly a Clientele of geriatric patients and patients with other non-communicable diseases such as type 2 Diabetes, Hypertension, asthma, Chronic Obstructive Pulmonary disease etc.



George Ooko Wafula

Title: Fitness Consultant, Viva Serenity

He is Specialized in weight loss, Strength training, Sports Rehabilitation and Conditioning for athletes. A Personal and a group fitness trainer with 20years experience. He is also the Head coach for Viva FC, Viva Serenity's Football Club



Name: Dr. Imran Abbas

Title: Title: Medical Advisor, United Arab Emirates

Laparoscopic Bariatric Surgeon , Dubai, UAE
Fellow of American College of Surgeons
Fellow of American Society for Metabolic and Bariatric Surgery
Fellow of Minimal Invasive Surgery

Dr. Imran has experience in laparoscopic surgery for more than 12 years especially in the field of laparoscopic bariatric surgery and has good experience in all types of minimal invasive surgeries like scarless thyroidectomy, laparoscopic hernia repair, laparoscopic splenectomy, laparoscopic adrenalectomy, Laparoscopic colectomies, Laparoscopic heller myotomy, Laparoscopic hiatal hernia repair, Laparoscopic fundoplication and Laparoscopic gynaecological procedures.

He has experience of all types of bariatric surgeries like gastric banding, sleeve gastrectomy, RNY gastric bypass, Duodenal switch, Billiopancreatic diversion, gastric plication and has done more than 2000 cases of bariatric surgery. His main interest is one anastomosis gastric bypass (OAGB). He is an innovator of novel procedure for low BMI diabetics.



Name: Dr. Louise Riziki

Title: Medical Doctor and Burundi Representative

A medical doctor and passionate with humanitarian work. She has 4 years experience working with refugees. She is an activist and a volunteer at Action Aid Burundi.



Name: Japheth Winstone

Title: Consultant Nutritionist

Japheth is the Consultant Nutritionist in charge at Viva Serenity: In this role, Japheth offers Nutrition counselling for the patients before they undergo weight management surgery, Diet modifications after surgery, and post surgical dietary management of the patients.

Japheth Winstone is a Certified Clinical Nutritionist/Dietician and a member of the Kenya National Union of Nutritionists and Dieticians (KUNAD). He is a holder of a Bachelor of Science in Food, Nutrition, and Dietetics from The Kenyatta University School of Public Health.

Japheth is passionate about wellness and is thus driven to further connect others with additional information and resources to promote health and wellness.



Name: Dr. Jonathan C. Mwambire

Title: Medical Advisor and Consultant for Europe

Dr Jonathan C Mwambire is one of our advising consultants based in Germany on a voluntary basis. He studied his bachelors of medicine and bachelors of surgery at the University of Nairobi completing his studies in 2006. He then went on to further his education in Germany at St. Franziskus Hospital in Flensburg, Germany (an affliate of University of Schleswig Hosltein) attaining the german equivalent of consultant in internal medicine (Facharzt Innere Medizin).

Dr. Mwambire also worked with the Ministry of Health in Kenya as well as Gertrude's Garden Children's Hospital.



Name: Dr. Theophilus Wangata

Title: Medical Advisor and Consultant for Kenya.

Dr. Wangata is a General Physician with vast experience in weight management. He has travelled widely and believes that people should be able to access healthcare wherever they are. That's why he believes Viva Serenity is helping improve access to healthcare, whether local, inbound or outbound.